

### Post Care Rules

Directly After

FULLY HEALED= 10–14 DAYS. ALL FLAKES AND SKIN ARE OFF, THE SKIN IS SMOOTH AND BACK TO NORMAL

-Do NOT submerge them in the ocean or pool until 4 weeks healed -Do NOT expose them to the sun / UV light (Cover with a hat) -Do NOT sweat from the face area for 2 full weeks -Do NOT touch, pick or rub eyebrows for any reason while healing -Do NOT get brows wet for any reason other than when the specified cleaning time is

-Do NOT use any makeup, serums, lotions etc on the brow area until healed. -Do not sleep directly on your face/ eyebrows until fully healed

Future Tips

Do not ever expose them directly to UV light (Use sunscreen or a hat to cover them) this will not only fade them very fast, but can cause them to look grey/ blue

Higher metabolism and frequent sweating can potentially cause the pigment to fade faster (8-10 months vs 14-18 months)

Retinol, acid, or any harsh skin care use on the healed microblading WILL cause them to fade very quick and potentially turn grey

Avoid waxing. plucking, or threading the hair inside the healed microblading strokes



# Healing Schedule

Day 1: The eyebrow will appear darker and thicker because it is freshly tattooed on the skin and swollen. It will be sore and feel like a sunburn. Redness is common. The swelling, tenderness and redness should resolve after 1-2 days

Days 2-5: The eyebrow will begin to dry out, this will cause it to look even darker. Itching and tightness is common. You will see the skin starting to dry and flake.

Days 6-10: The flaking phase will start. Let the flakes fall off naturally. Note that when the flakes/scabs fall off, underneath looks like there is barely any pigment retained. THIS IS NORMAL. The pigment is just deeper into the skin at this stage and needs to resurface. Over the next few weeks the pigment will come back through to the surface and get darker- the final results will be apparent 4 weeks after the appointment.

\*It is fully healed when all flakes have fallen off and the skin is healed and smooth\*

Contact us (443-330-7101) if: There is abnormal swelling, redness, signs of infection, major concerns, or reactions to any after care products.



Day 1: I have new brows!! I think I like them, but they're a little dark!?



Day 2-4: EEEK, my eyebrows are too dark and too thick!



Day 5-10: Oh no! My brows are scabbing and flaking off!



Day 8-10: Where are my brows? They are light & uneven.



After a few weeks: My brows are much better! Just a little patchy.



After follow-up appointment: My eyebrows are beautiful! I love them!



## After care Intructions HOW TO TAKE CARE OF YOUR NEW BROWS

#### **Cleaning Directions:**

1. Shake soap bottle. Pump soap onto clean fingers, make sure it is enough to clean both brows. It should be foam and not watery

2. Clean with fingers in one direction (going with brow hair) starting from the front of the brow to the tail end. Do not scrub or go back and forth.

3. Cup hands and splash cold water onto brows to rinse foam soap off.

4. Gently Pat brows dry with a clean Cotton round/ towel, or let air dry.

5. Take clean finger and scoop a rice grain size of ointment into fingers. Spread evenly over both brows in one direction, making sure it is soaking into the skin but still allowing the skin to breathe and heal

#### Until fully healed: No sweating, touching, picking, water, or humidity

When fully healed you **can**: Use makeup in the brows Wash brows with normal soap/ cleanser/ moisturizer Sweat Do all normal activities

DRY SKIN:

CLEANSE/OINTMENT WHEN ARRIVING HOME FROM APPOINTMENT & EVERY MORNING. CAN ADD EXTRA LAYERS OF OINTMENT DURING HEALING PERIOD IF NEEDED

COMBO SKIN:

CLEANSE/OINTMENT WHEN ARRIVING HOME FROM APPOINTMENT, BEFORE GOING TO BED, AND EVERY MORNING AFTER. THIN LAYERS OF OINTMENT

OII Y SKIN:

BLOT WITH GREEN SHEETS ON THE WAY HOME, EVERY 10-15 MINUTES. CLEANSE/OINTMENT WHEN ARRIVING HOME FROM APPOINTMENT, NIGHT OF, AND EVERY MORNING AND NIGHT AFTER. VERY THIN LAYERS OF OINTMENT.